



# OCTOBER 2023

The Church of St. Timothy & USDA  
are equal opportunity providers.

"For behold, henceforth all generations will call me blessed" Lk 1:48 . .  
. Every time we pray the rosary, we fulfill that prophecy at least 50  
times. Far from "vain repetition", the rosary is a time proven method  
of meditative prayer. It was the favorite prayer of Louis Pasteur.  
Chapter 35: The Rosary from Signs of Life by Scott Hahn

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pepperoni Pizza Steamed Peas Mixed Berries Milk	3 Beef Stroganoff over Penne Pasta Corn Grapes Milk	4 <b>Chicken Bacon Ranch Wrap</b> Baby Carrots Peaches Milk	5 Turkey Gravy over Mashed Potatoes Steamed Broccoli Mixed Fruit Milk	6 Fish Sandwich Baked Beans Fresh Pear Milk
9 Ham & Cheese Sub on a Wholegrain Bun Sugar Snap Peas Oranges Milk	10 <b>Late Start Day</b> Cheese Pizza Fresh Broccoli & Ranch Peaches Milk	11 Pulled Pork Sliders Baked Beans Tater Tots Mixed Fruit Milk	12 Meatloaf Mashed Potatoes Breadstick Corn Fresh Pear Milk	13 Eggo Waffles Yogurt Baby Carrots & Ranch Apples Milk
16 Hamburger or Cheeseburger on a Wholegrain Bun Baby Carrots Oranges Milk	17 Chicken Nuggets Baked Beans Sugar Snap Peas Mixed Fruit Milk	18 Corn Dog Tater Tots Fresh Broccoli Applesauce Milk	19 <b>No School</b>  <b>Fall Break</b>	20 <b>No School</b>  <b>Fall Break</b>
23 Hot Dog on a WG Bun Baked Beans Baby Carrots & Ranch Apple Milk	24 Orange Chicken Brown Rice Pilaf Sugar Snap Peas Oranges Milk	25 <b>Fiesta Beef Pizza</b> Baby Carrots & Ranch Applesauce Milk	26 Beef Nachos WG Tostitos Chips Cheesy Refried Beans Fresh Pear Milk	27 Tomato Soup Grilled Cheese Sandwich on Wholegrain Bread Steamed Broccoli Grapes Milk
30 Turkey & Rice Soup Wholegrain Breadstick String Cheese Baby Carrots Fresh Pear Milk	31 <b>Sausage Pizza</b> Fresh Broccoli with Ranch Roasted Apple Slices Milk Cookie			



2023/2024 Lunch Prices: St. Timothy's K-8 Student: FREE, PreK: \$3.25, Guest: \$5.00. A La Carte Prices: Milk Only or Extra Milk: \$0.60, Extra Entrée: \$2.50. Due to supply chain disruptions beyond our control, menus are subject to change without notice. Parents are always welcome to eat lunch with their student; please rsvp to the kitchen by 9am of that day for food planning purposes. Please direct ALL food/menu questions to Mrs. Berg. She can be reached via email at [fsm@stinnl.org](mailto:fsm@stinnl.org) or phone 320-963-3417. Thank you!